

CHOICE VUES

► HIKING HELPERS

The Leki Legacy Lite COR-TEC hiking staffs have plenty to offer hikers. The SpeedLock system allows quick length adjustments to accommodate all users. Hiking staffs improve your balance and stability on rough terrain and reduces the load on the entire body. These staffs can provide stability over demanding terrain like Sedona's red rocks.

Available at **Canyon Outfitters**, 2701 AZ-89A in West Sedona (928-282-5293).



▲ BAR SNACKS

Grand Canyon river guide Lyndsay "Huppy" Hupp needed nutritious snacks when she was on the water. So she created her own. Flagstaff-made Huppybars are whole food nut and seed bars designed to fuel any adventure. Available at **The Butterfly Garden Inn**, 9440 AZ-89A in Uptown Sedona and at huppybar.com



▲ RUNNING BUDDY

Lace up these HOKA One One Stinson ATR shoes, and get ready to hit the trails to run or hike. These lightweight shoes are made out of recycled yarn derived from post-consumer waste plastic. **Available at RunSedona, 150 AZ-179, No. 5, in South of the "Y" (928-282-6956).**

► WATER, WATER EVERYWHERE

Store up to 10 liters of water, snacks, keys, your phone and other outdoor essentials all on your back in this CamelBak L.U.X.E backpack in Cerise/Pomegranate.

Available at Sedona Outdoors, 267 N. AZ-89A in Uptown Sedona (928-282-0296).

Consider one of
these products
next time you head
out on an outdoor
adventure.

